

Ashtabula, Cuyahoga, Geauga, Lake, Lorain and Medina Counties

Deairius Houston, Chair

HIV Prevention Committee Minutes

Wednesday, March 5, 2025

| Planning Council Members | | Planning Council Attendees | Community Members | Guest Speakers |
|----------------------------|---|--|----------------------|-------------------|
| Deairius Houston, Chair | Р | Billy Gayheart | Rebecca S. | Erin Janowski |
| James Stevenson | Р | Naimah O'Neal | Colleen K. | Dr. Will |
| Cielle Brady | Р | Christina Jackson | Jessica G. | |
| Sahara Rivera | Р | Christy Nicholls | Stephanie Y. | |
| Danielle LeGallee | Р | Jimmy Garcia | Jane A. | |
| Tiffany Greene | Р | | Kim R. | Recipient Staff |
| Julie Patterson | Р | | Jordian F. | Lisa-Jean Sylvia |
| Kimberlin Dennis | Р | | | Brittanie Evans |
| Tina Marbury | Α | | | Melissa Kolenz |
| Michelle Jackson-Rollins | Α | | | Monica Baker |
| Jeannie Citerman-Kraeger | Α | | | |
| Chris Osborne | Α | | | |
| Cederick Taylor | Α | | | |
| Akeem Rollins | Р | | | |
| Rickey Lewis | Α | | | |
| Holly Phillips | Α | | | |
| Elizabeth Habat | Α | | | |
| Karla Ruiz | Р | | | |
| Joye Toombs | Α | | | |
| Total of 28 in attendance. | P = Pi | resent AP = Alternate Pi | resent A = Absent | O (Other) = Phone |
| | | | | |
| Call to Order | Co-cha | ir, Deairius Houston, call | ed the meeting to or | der at 4:03 pm. |
| Moment of Silence | | | | |
| Quorum Determination | 10 of 19 Prevention committee members present - quorum of five | | | |
| | | d. (Note: Alternates count | towards quorum wh | en representing |
| | | committee members.) | | |
| Welcome, Introductions & | All me | mbers, attendees, and gu | ests welcomed. | |
| Conflicts of Interest | | | | |
| Approval of Agenda | | Prevention Committee reviewed and approved the agenda for March 5, | | |
| | | 2025. | | |
| | | Motion made by Kimberlin Dennis, seconded by Julie Patterson | | |
| | | In favor: All; Opposed: 0; Abstained: 0 | | |
| Approval of Minutes | Prevention Committee reviewed and approved the minutes from December 4, 2024. Motion made by Kimberlin Dennis, Seconded by James | | | |
| | | | | |
| | Motio | n made by Kimberlin Denr | nis, Seconded by Jam | es |

| | In Favor: All - Opposed: 0; Abstained: 2 – Christy Nicholls, Naimah O'Neal | |
|--------------------------------|---|--|
| Planning Council Update | Christy Nicholls – We are actively seeking new members and it is time for open nominations. Please let Lj know if you would like to join full PC. Applications are due March 31. In June, PSRA will be occurring. On membership committee, there is a subcommittee to recruit more youth. | |
| Prevention Community Highlight | Love Leads Here Erin Janowski, Cuyahoga County Board of Health, Grant Program Manager Ending the HIV Epidemic – www.loveleadshere.org EHE begain working with Better World Advertising in 2021. All Love Leads Here campaigns use local models. Resources available on the website include funded partners and non-CCBH funded resources. There are 6 campaigns on the website – HIV Stigma, U=U, HIV Testing, PrEP, Syphilis, For Our Future. An assortment of print materials are available, including a pledge card as part of the For Our Future campaign. Agencies can request hard copies of any print materials. Upcoming projects – a revamp of the website to include storytelling videos and will be more interactive. | |
| | Q: Are you thinking of integrating the website with the HIV dashboard? A: We have mentioned to BWA about integrating the two websites. | |
| Agency Spotlight | Washington Wellness Institute Dr. Will Washington Website – www.healallways.org | |
| | Philosophy – innovative, accessible, and clinician-centered. Offer 3 levels of sessions. All insurance is accepted. Moral distress – knowing the right thing to do but treatment cannot be executed because of institutional constraints. Secondary trauma – experiencing emotional distress due to the exposure of another person's traumatic experience. Goal is to transform mental illness into holistic wellness. "Stress is a wellness currency." | |
| | Discussion: How do mental health services connect to your prevention work? | |
| | Rebecca – For me, mental health means it's ok to be uncomfortable, it's ok not to be ok, it's a bad day and not a bad life. When people are struggling, they want a quick dopamine rush which can lead to risky sexual activity. Being able to talk through the mental health portion can help prevent this. Deairius – a lot of our clients need mental and emotional support first. Naimah – I think that I run and do so much so I don't have to stop and think. I enjoy my work and it helps me to stop thinking. | |

| Adjournment | Meeting adjourned by Deairius at 5:30 pm. | | |
|-----------------|--|--|--|
| | | | |
| | Danielle – CCBH is hiring for a Disease Intervention Specialist | | |
| | Deairius – Hosting a cooking class at Central Outreach | | |
| | Naimah – Memorial for Bryan Jones on June 21 st | | |
| | Survivors Day | | |
| Announcements | Kimberlin – Event at City Hall on June 5 th for HIV/AIDS Long Term | | |
| Next Steps | 3 0 0/ | | |
| | Workouts or going to the gym. | | |
| | Cook for other people. | | |
| | Maintain weekly therapy appointments. | | |
| | Keeping my hands busy so I don't doom scroll. | | |
| | Unplugging from work when your workday is over. | | |
| | during the work day and remain focused and present for clients? | | |
| Agency Check-in | How are you taking care of yourself so that you are able to de-stress | | |
| | our work. | | |
| | Lj – Mentioned how we can take home the trauma to others, and thinking about how we can also bring our own trauma into | | |
| | conversations together. • Li – Mentioned how we can take home the trauma to others. | | |
| | barriers. It is nice to bring mental health and prevention | | |
| | the connection to mental health services can help remove | | |
| | Prevention is about being accessible for everyone and making | | |
| | Cielle – Institutional constraints portion really stuck with me. | | |
| | somehow. | | |
| | When I go home, I shut down because I have to unplug | | |

Reminder: Check your Email or the Website for Updates

Next Meeting: June 4, 2025

Visit the Ryan White HIV/AIDS Homepage at: www.ccbh.net/ryan-white

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