



Cuyahoga Regional HIV Prevention and Care Planning Council

Ashtabula, Cuyahoga, Geauga, Lake, Lorain and Medina Counties

Deairius Houston, Chair

HIV Prevention Committee Minutes

Wednesday, March 6, 2024

4:00 pm to 5:30 pm

(See highlighted attendance list updates (4) – rev 6.11.24)

Start: 4:02 pm

End: 5:14 pm

Facilitator: D. Houston

Moment of Silence

Welcome and Introductions

Approval of Agenda: March 6, 2024

Addendum:

Motion: J. Patterson

Seconded: A. Rollins

Vote: In Favor: All

Opposed: 0

Abstained: 0

Motion passes.

Approval of the Minutes: December 6, 2023

Motion: J. Patterson

Seconded: B. Gayheart

Vote: In Favor: 6

Opposed: 0

Abstained: 3-J. Stevenson, L. Lovett, J. Toombs

Motion passes.

Prevention Program Updates – M. Kolenz

We recently lost two of our DIS (Disease Intervention Specialist) to promotions, (Alexa Geiger and Melissa Hansen, both joining new teams at CCBH), and we are hopeful for the opportunity to get some new faces soon. We are still waiting to hear from ODH on the current HIV grant which is set to end May 31st. as to next steps on an RFP or else. Alexa Geiger and Melissa Hansen, both joining new teams at CCBH.

Community Health Update: Doxy PrEP and Doxy PEP - Kelly Stake APRN, MSN, WHNP – Nurse Practitioner for Reproductive and Preconception Health Clinics, Cuyahoga County Board of Health – Discussion: What is your experience in the field?

Doxy PrEP and PEP

PrEP - Pre-Exposure Prophylaxis is medicine taken to prevent getting HIV.

PEP - Post-Exposure Prophylaxis. The word “prophylaxis” means to prevent or control the spread of an infection or disease. PEP means taking HIV medicines within 72 hours (3 days) after a possible exposure to HIV to prevent HIV.

We are just rolling this out, as we begin moving more towards the Prevention route instead of just treatment. Currently, more than 2.5 million cases of gonorrhea, chlamydia, and syphilis were reported in the United States in 2021. The cases of syphilis increased by almost 32% in one year. On a local level, Cuyahoga County reported 662 new syphilis cases just in first three quarters of 2023. On a personal note, we treat gonorrhea and chlamydia maybe once a month, whereas syphilis is being treated multiple times, every single clinic day. Doxy PEP (Post-Exposure Prophylaxis), or the morning after pill for STD’s, was started in San Francisco by a national coalition of STD directors, who ended up cutting their studies short because the drug was so effective. Currently, the CDC has not yet released their findings, but we are hopeful their final recommendation swill come soon. Doxy PrEP (Pre-Exposure Prophylaxis) is a well-studied, affordable drug, not new but just simply a new use. It’s much like the Plan B Pill, which can be taken every day, not to exceed a 200 milligram dose in 24 hours, and for now there are not a lot of studies on this.

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***Question: J. Patterson** – As a huge fan of this topic, what is Doxy PrEP and do you have to wait for CDC approval on this?

***Response: K. Stake** –PrEP is more of a doxycycline taken every single day to prevent. and although there are few studies on this now, they haven't been ruled out. Also, many medical professionals agree we can start using this now, and that waiting won't do any good, as we think it's been really successful for the patients we serve, and we will continue doing this in hopes that everyone can get involved and be on the same page.

***Question: J. Patterson** - Is that something you are already talking about with the organizers for CLAW (Cleveland Leather Awareness Weekend)?

***Response: D. Houston** - We met with LGBT Center on doing a presentation at Claw: <https://www.clawinfo.org/>, but for doxy distribution, it goes back to the cost piece although we push on this as best possible.

***Comment/Question: Dr. G. Prakash** – In meeting recently with a team doing research on doxy, they discussed plans to have more data coming out soon, and we are trying to push doxy but CCCBH administrators are concerned on further advancing without having proper CDC guidance.

In understanding how to implement this, are there ways Central Outreach has been making big pushes in education on this?

***Response/Question: D. Houston**- In Pittsburg we've done this for a while, and we do a lot of educating through social media, bullet point breakdowns, Q-R code scanning, as a lot of patients come to us. We do promote education in giving out materials, but more than just handing out info, we talk to people and ask questions on what they get from the info. Also, with Doxy being an antibiotic, is anyone seeing resistance to it over time, or is it still new?

***Response: K. Stake** – There is no resistance in regards to syphilis and chlamydia, but there is some in the gonorrhea strain. Resistance is a valid concern and studies are in the works, particularly on long-term effects.

D. Houston - Thanks to all for the input and experience. It's always good to be ahead of the train.

Using the HIV / STI Dashboard – Clarence Williams, Cuyahoga County Board of Health- <https://ccbh.net/hiv-sti-dashboard/>

HIV/STI Data Dashboard Region 3
Ashtabula, Cuyahoga, Geauga, Lake, Lorain, Medina

HIV Syphilis
Chlamydia Gonorrhea
HIV/STI Combined

CUYAHOGA COUNTY
BOARD OF HEALTH
YOUR TRUSTED SOURCE FOR PUBLIC HEALTH INFORMATION

As an HIV STI Epidemiologist at CCBH, we are pleased to present a brief demo today of our new Epi Data Dashboard that we created. The goal of the dashboard was to get real-time data out to the community, as in the past data requests would take a long time to complete. To avoid that, we put together a robust dashboard that can be accessed at any point in time of the day, by just going to CCBH's website, clicking on the link: <https://ccbh.net/hiv-sti-dashboard/>, and choosing whatever you're looking for in a particular topic. Additionally, we will be updating the dashboard quarterly for our HIV 2023 numbers, as we are awaiting ODH (Ohio Department

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of Health) to finalize those numbers. However, for syphilis, chlamydia and gonorrhea, we will be updating that on a quarterly basis.

***Comment: S. Terry** – Can you share this with ODH so that they can use this as well? This is absolutely a great tool. Prior to coming to Gillette, working at Columbus Public Health, we had a table report we'd receive for HIV, but to be able to utilize this for all STIs is absolutely wonderful. Thank you very much.

D. Houston - Awesome. Thank you so much Clarence for the presentation. This is something we have all been looking forward to and asking to get.

Prevention Community Highlight – Akeem Rollins, MetroHealth PrEP / Early Intervention Services, The MetroHealth Systems

We help people get PrEP and PEP, assist people in getting on Medicaid, and help navigating the system, as we work in EPIC and MyChart medical records. We are now mostly educating community members, providing education, and outreach, in getting people to know that PrEP exists. We also do counseling for younger people who may be experiencing anxieties about risks with diseases. We also do events for clients that are hard to reach, or more so for hardly reached populations, and events for clients, patients, and for the Community, at-large, as listening to others and trying to respond is what makes this program expand.

***Question: L.J. Sylvia** - Can you tell me more on what is the 211 method?

***Response: A. Rollins** - The 211 method is basically, two to 24 hours before engaging in a sexual activity, you would take two doses, (this is approved for Truvada, as it was not studied in Descovy), then 24 hours after that, give or take two hours, you take another dose, and then 24 hours after that you take your last dose. So you take two (2) before and then one (1) the next day and then one (1) the day after that, as the 211 method.

D. Houston - We will be collaborating on a ball together to help bring healthcare to life. This will be March 30th and all are welcome. Spring into Space – Pop Up Ball, as we are part of one of the original House of Chanel ballrooms. For more info contact: Akeem Rollins: arollins@metrohealth.org or Sahara Davis: SDavis11@metrohealth.org
Spring into Ball Flyer: [blob:https://teams.microsoft.com/219a34dc-5e3c-45d5-957c-c8d49d461d9b](https://teams.microsoft.com/219a34dc-5e3c-45d5-957c-c8d49d461d9b)

Next Steps

- 1. The next Prevention Committee meeting is Wednesday, June 5, 2024, from 4:00 - 5:30 pm.**
- 2. L.J. Sylvia** - We will send out the Spring into PrEP flyer, the HIV/STI Fact Sheet, the link on the HIV/STI Dashboard, and an e-blast on the email for Brittanie Evans, CCBH Project Coordinator.
- 3. D. Houston** - We will look at doing a Prep 201 presentation to add as an upcoming agenda item.

Announcements

J. Toombs - Retired from ATF now working on contract as the Project Manager for Jordan 4 Change Community Resource Center, serving women who are dual-diagnosed and at high risk for HIV. We are new, working to get up and running in serving our current residential clients, and we hope to begin accepting outreach clients soon. For more info contact: jtoombs@jordan4change.org.

J. Patterson – Please Save the Date for the AFC (AIDS Funding Collaborative) Community Briefing, set for Tuesday, April 16, 2024, at the center's Community Room. More info to come.

L.J. Sylvia - We are about to start open nominations for new Planning Council members. If interested, please let us know, as joining Planning Council is about making decisions on how federal HRSA (Health Resources and Services Administration) Ryan White Part A dollars are used in line with what the community needs and wants.

Adjournment

Motion: J. Stevenson Seconded: L. Lovett

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HIV PREVENTION COMMITTEE MARCH 6, 2024 ATTENDANCE

TOTAL ATTENDANCE: 29 (31)

PREVENTION MEMBERS PRESENT: 9

	PREVENTION MEMBERS	Mar 6, 2024	NOTES
1	Deairius Houston, Co-chair	√	
2	Tiffany Greene	√	
3	James Stevenson	√	
4	Julie Patterson	√	
5	Bryan Jones		
6	Tina Marbury		
7	Michelle Jackson-Rollins	√	
8	Jeannie Citerman-Kraeger		
9	Christine Osborne		
10	Cederick Taylor	√	
11	Akeem Rollins	√	
12	Rickey Lewis		
13	Holly Phillips	√	
14	Elizabeth Habat		
15	Kate Burnett-Bruckman		
16	Pam Weiland		
17	Karla Ruiz		
18	Karen Hill		
19	Joye Toombs	√	
20	Leander Lovett	√	

PC Members: B. Gayheart, L. Moore

Attendees: S. Manhoff Young, N. Karn, T. Patterson, J. Gerdes, K.J. Bour-Boyko, J. Yax, S. Terry, J. Garcia, S. Davis, C. Brady

Staff: L.J. Sylvia, M. Kolenz, C. Williams, D. Gallee, L. White, M. Baker, G. Prakash, K. Stake, T. Mallory