

MPOX CONSIDERATIONS FOR PEOPLE LIVING WITH HIV

Is my risk of Mpox higher if I am living with HIV?

- People with underlying immune deficiencies may be at risk of more serious illness from Mpox
- People living with HIV who know their status and have access to and properly use treatment can reach the point of viral suppression
- This means that their immune systems are less vulnerable to other infections than they would be without treatment
- So far, men living healthily with HIV who have developed Mpox in this outbreak have not reported worse health outcomes than others

People with HIV should follow the same guidance as anyone else to protect themselves from Mpox.

- Avoid direct contact with rashes, sores, or scabs on a person with Mpox, including during intimate contact such as sex
- Avoid contact with objects, fabrics (for example, clothing, bedding, or towels), and surfaces that have been used by someone with Mpox
- Avoid contact with respiratory secretions, through kissing and other face-to-face contact from a person with Mpox

If you are having sex with multiple partners, seek regular screening for sexually transmitted infections and discuss with your healthcare provider whether you would benefit from taking PrEP.

Seeking health advice regularly and quickly, if you have symptoms, will help you get treatment if needed and avoid you infecting anyone else.

CCBH

5550 Venture Drive
Parma, Ohio
44130
216-201-2000
www.ccbh.net