

Ashtabula, Cuyahoga, Geauga, Lake, Lorain and Medina Counties

Jason McMinn, Chair

# Quality Improvement Committee Minutes Wednesday, November 15, 2023 3:00 pm to 4:00 pm

Start: 3:10 pm End: 4:04 pm Facilitator: J. McMinn

Moment of Reflection
Welcome and Introductions

Approval of Agenda: November 15, 2023

Addendum:

Motion: F. Ross Seconded: J. Patterson

**Vote**: In Favor: All Opposed: 0 Abstained: 0

Approval of the Minutes: October 18, 2023

Addendum:

Motion: N. O'Neal Seconded: B. Gripshover

**Vote**: In Favor: 7 Opposed: 0 Abstained: 7- Nicholls, Dennis, Deighan, Droster,

Houston, Lovett, Ross

#### **New Business**

#### Overview on Services for Seniors – J. McMinn

Today we will have our second presentation, given by Lorsonja Moore from DSAS (Division of Senior and Adult Services), on services available in our community for the aging population.

#### Division of Senior and Adult Services (DSAS) - Lorsonja Moore, R.N., Director of Nursing

Started in 1992, the mission of Cuyahoga County DSAS (Division of Senior and Adult Services) is to empower adults with disabilities to age successfully by providing resources and support and preserve their independence. DSAS's priority is to address the social determinants of healthy living such as: food adequacy, access to quality healthcare, housing, transportation, and social connection through programs and services such as, Adult Protective Services (APS), the Connection Center, Options for Independent Living, and Home Support Services.

#### **Statistics**

- In 2022, there were 185,960 food-insecure people in Cuyahoga count.
- Currently, 8.4 million senior citizens depend on others for their transportation.
- Eighty (80) percent of adults 65 and older have at least one chronic disease, 68% have two or more.
- Almost 80% of adults 50 and older have a desire to stay in their homes as they age according to AARP.
- Keeping seniors and adults with disabilities in their home costs less than having them in an institutional setting.



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# **DSAS**

# (DIVISION OF SENIOR & ADULT SERVICES)

Adult Protective Services	
Information Services	
Community Office on Aging	
Community Social Services Program	
Options for Independent Living	
Home Support Services	

#### **ADULT PROTECTIVE SERVICES**

**Investigates** allegations of abuse, neglect, self-neglect, and/or financial exploitation of adults 60 years of age and older. Allegations of abuse concerning adults 18-59 with disabilities are investigated on a voluntary basis (the person concerned has to agree to participate in the investigation). This is due to statutory regulations. In October, 2023, there were 507 active cases, year to date, there are 2,267.

<u>How to Report</u>: Connections Center /Hotline: (216) 420-6700; Ohio APS Online Elder Abuse Referral Portal (Open seven days a week, 24-hours a day, including holidays.)

#### **INFORMATION SERVICES**

Provides case management assistance to seniors and disabled adults to address complex needs and navigate available community resources.

Senior Citizen Tax Credit or Earned Income Tax Credit	AT & T Lifeline Ohio Program
Homestead Exemption	Food Assistance Program
Home Energy Assistance Programs (HEAP)	Legal Rights Service
Family Caregiver Support Program	Medicare/Medicaid
Ohio Senior Health Insurance Info Program (OSHIIP)	Senior Employment Program
Homestead Water Rate Discount	

#### ADRN (AGING, DISABILITY AND RESOURCE NETWORK) SERVICE BREAKDOWN - 3Q 2023

This shows the top five service outcomes for clients who received an ADRN screen; a client may have more than one service outcome.

- Provided information about resources 416
- Completed a benefits check-up 212
- Confirmed enrollment benefits 211
- Assistance with referral 210



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- Assistance with submitting applications – 50

#### **BED BUG REMEDIATION PROGRAM**

(Outreach Services)

The program provides for up to three (3) free visits by a licensed extermination company. To date, over 100 residences throughout the County have been restored by this program.

#### Who is Eligible?

- You must meet income guidelines (see chart below).
- You must be 60 years of age or older or an adult, 18-59 years old with a disability.
- You must reside in Cuyahoga County and live in the home to be treated.

HOUSEHOLD SIZE	INCOME GUIDELINES				
1	\$35,640				
2	\$48,060				
3	\$60,480				
4	\$72,900				

#### ADDITIONAL DSAS PROGRAMS

**Community Office on Aging** – helps to disseminate information throughout the community, and coordinates programs to increase awareness of issues affecting seniors and persons with disabilities.

**The Community Social Services Program** – provides funding to and uses community-based service contracts which provide adult day service, adult development, transportation services, and congregate meals. Over 1,400 seniors receive services through this program. These services are designed to reduce isolation and loneliness.

#### **COMMUNITY OFFICE ON AGING**

(Breakdown of program participants)

Service	3 <sup>RD</sup> Quarter 2023	Year to Date 2023			
Adult Development	88,131	275,333			
Congregate Meals	23,017	74,784			
Home Delivered Meals	25,178	89,648			
Holiday Meals	489	1,646			
Transportation	31,882	99,801			
Outreach	2,044	5,804			



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Digital Literacy	1,604	6,505
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# **HOLIDAY GIVING PROGRAMS - (ELVES FOR ELDERS)**

(Participants for Elves for Elders are those currently receiving services in our programs.)

THANKSGIVING BASKETS	GIFT LIST
Macaroni & Cheese	Warm blankets, Towel sets, Hat, Scarf, and
Green Beans	Gloves sets, Socks and Slippers, Pajamas and
Corn	Robes, Soaps and Lotions, Deodorant and
Corn muffin mix	Perfume, Shampoo and Conditioner, Hand
Chicken or Turkey	Sanitizer and Masks, Puzzles and Games, Word
Applesauce	Search Books and Pencils, Coloring Books and
	Crayons

#### **OPTIONS FOR INDEPENDENT LIVING**

Flexible, affordable program that provides in-home care to residents ages 18-59 and disabled; or 60 years of age and over, who have limited income and are not eligible for any Medicaid Waiver programs. Approximately 1,500 Cuyahoga County residents receive services such as:

Case Management	Home Delivered Meals
Chore Services	Homemaking Services
Emergency Response Devices	Medical Transportation
Grab Bar Installation	Personal Care

#### **HOME SUPPORT SERVICES**

Home Support Services is comprised of registered nurses, schedulers, and home health aides who are state-tested nursing assistants. Our goal is to provide services to help clients achieve and maintain a clean, safe, and healthy environment in which they reside.

- Financial eligibility and costs are contingent upon the Federal Poverty Guidelines.
- Assets are not considered for eligibility.
- Plan of Care is developed with the participant by a registered nurse.

<u>Home Support Populations:</u> Private Pay, Multiple Sclerosis (MS) Society, Ryan White Part A HIV/AIDS Program, McGregor PACE, Medicaid Waiver, Medicare Skilled Services, and Options for Independent Living



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#### **IN-HOME SERVICES**

Personal Care Services	Homemaking Services				
Bath/Shower/Bed bath	Light Vacuuming/Sweeping				
Incontinence Care	Laundry/Change Bed Linen				
Basic ROM Exercises	Wash Dishes				
Mouth/Dental/Oral Care	Clean Bathroom				
Shaving/Hair Care	Dusting				
Meal Preparation/Feeding	Grocery Shopping/Prescription Pick-Up				

#### **HOME SUPPORT INTAKE PROCESS**

# Referral is received from Connections Center→ RN and aide are assigned to referral→ RN conducts an assessment

- RN completes an initial assessment to develop a plan of care.
- RN provides ongoing case manager services.
- RN visits clients every 60 days.
- RN works with family members, physicians, social workers, dieticians, therapists, etc., to ensure client's needs are met.

#### **CONNECTIONS CENTER**

# "One Call Does It All" - (216) 420-6700

The "one call does is all" number, monitored by ten social workers receiving over 20,000+ calls annually, will direct you to the appropriate department(s) that will answer your questions and/or provide the information you need.

# **Comments/Questions**

- \*Comment/Question: J. McMinn It will take time to digest the vastness of programs that are available to the aging population in Cuyahoga County. With that, do you have partnerships outside of Cuyahoga for resources?
- \*Response: L. Moore Children and Family Services may have them, we do not.
- \*Question: J. McMinn Are some not eligible for Medicaid waivers due being over resourced?
- \*Response: L. Moore Yes, a lot of the time.
- \*Question: L.J. Sylvia How can people participate and apply for Elves for Elders program?



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\*Response: L. Moore - Participants are those currently receiving services in our programs.

\*Question: L.J. Sylvia - For the job postings info, can you share in chat so we can send out?

\*Response: - J. Moore - Yes.

- \*Comment: L.J. Sylvia In listening sessions, we heard challenges around primary care physicians' treatment of PLWH, how to break down stigmas, and the need for HIV educating in normalizing these conversations. Maybe one way is connecting them with resources.
- \*Response: B. Gayheart Constantly being bombarded on what to do when you, as we. We need conversation as you are aging, what are your plans to live, instead of the dying aspect.
- \*Comment: N. O'Neal We don't have healthy conversations on planning afterlife, as doing so is being responsible and most helpful to those who remain here.
- \*Comment: L. Lovett Yes, this info is on time, so needed, and really about having healthy conversations on preparing and organizing things, in general.
- \*Comment: J. McMinn With advance directives at hospitals, it is a requirement that those questions are asked. However, we should be able to have those planning conversations, or to ask for help on how/what to do in the planning process.
- \*Comment: R. Watkins It's a very hard conversation, maybe we can invite someone to speak on topics such as life insurance.
- \*Response: N. O'Neal We had a webinar that spoke on insurance, not just for PLWH but also for those with pre-existing illnesses. For now, we need to look at what can realistically be done with RW dollars and what those conversations will look like. As RW dollars will not cover everybody, we should make sure people who are eligible know about resources available that they can get. We also need to look at not just RW paying for services, but services available to everyone, maybe creating a resource guide or list of programs.
- **L.J. Sylvia** We will go back over the last few months, pull together info, presentations etc., and have that available before the beginning of the year.
- **J. McMinn** With both agencies, the big piece in all this is the importance of information and providing that to families. Bringing this forward as a committee, maybe "knowledge is power" is a lesson we start with as a guide. While these last deep dives may not have brought about major changes, there has at least been improvements, such as the calendar of support groups. We can look to gather ideas on our path forward, and on whether we have the capability to make more of an impact in this area.

Thank you, Lorsonja, for the great presentation and L.J., for joining us on this journey.

#### **Standing Business**

Agree on QI Committee work activity (if any) to be reported at November 15, 2023 Full Planning Council Committee Meeting – J. McMinn - None



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# <u>Determine formal CAREWare Data Request (if any</u>) - None <u>Parking Lot Items</u> - None

# Next Steps - J. McMinn

The next QI meeting is Wednesday, January 17, 2024.

#### **Announcements**

**N. O'Neal** - We think for change will be celebrating their 5<sup>th</sup> anniversary, with a ribbon cutting ceremony at their new office, on World AIDS Day, Friday, December 1<sup>st</sup> from 1-4 pm. The location is at: 12200 Fairhill Road, in the Lakeview Room, Cleveland, Ohio 44120. All are invited to attend and bring a friend.

# Adjournment

Motion: N. O'Neal Seconded: C. Nicholls

#### **Attendance**

		Jan	Feb	Mar	Apr	May	June	Aug	Sep	Oct	Nov
	QI Committee						PSRA				
1	Jason McMinn, Chair	20	20	20	20	20		20	20	20	20
	Vacant Co-chair										
2	Barb Gripshover	20	20	20	20	20		20	20	20	20
3	Leshia Yarbrough-Franklin	20	0	20	20	0		0	20	20	0
4	Karla Ruiz	20	20	20	20	10		20	20	20	0
5	Daytona Harris	20	20	20	20	20		0	20	20	0
6	Lorsonja Moore	20	20	20	20	0		20	0	20	20
7	Tiffany Greene								0	20	20
8	Billy Gayheart	10	10	10	10	10		10	10	10	10
9	Naimah O'Neal	10	10	10	10	10		10	10	10	10
10	Rhonda Watkins	10	10	10	10	0		10	10	10	10
11	Biffy Aguiriano							0	0	0	0
	Total in Attendance	8	6	8	8	6		8	8	10	7

PC Members: C. Nicholls, K. Dennis, M. Deighan, C. Droster, D. Houston, L. Lovett, F. Ross

Attendees: T. Mahdi, L. Weitzman, J. Garcia, P.L. Johnson, T. Moyel

Staff: M. Baker, Z. Levar, L.J. Sylvia, T. Mallory