

# **Cuyahoga Regional HIV Prevention and Care Planning Council**

*Ashtabula, Cuyahoga, Geauga, Lake, Lorain and Medina Counties*

**Deairius Houston, Chair**

## **HIV Prevention Committee Minutes**

**Wednesday, March 1, 2023**

**4:00 pm to 5:30 pm**



**Start:** 4:03 pm

**End:** 5:21 pm

**Facilitator:** D. Houston

### **Moment of Silence**

### **Welcome and Introductions**

### **Approval of Agenda: March 1, 2022**

#### **Addendum:**

Motion: K. Dennis

Seconded: F. Ross

Vote: In Favor: All

Opposed: 0

Abstained: 0

### **Approval of the Minutes: December 7, 2022**

Motion: K. Dennis

Seconded: J. Citerman-Kraeger

Vote: In Favor: All

Opposed: 0

Abstained: 1-F. Ross, N. O'Neal, A. Rollins

### **Prevention Program Summary – Recipient Report – M. Kolenz**

Today was CCBH HIV Prevention Supervisor, Rachel McDade's last day. As she will be going to Central Outreach with Deairius. We'll now be looking to hire two new DIS staff and replace Rachel's position.

### **Epidemiology (Epi) Update – Clarence Williams, CCBH Epidemiologist**

This update is a 2022 incident report covering six counties. Because these numbers are preliminary, there are no slides available. By May and June the numbers will be more complete and we will give that update and each timeframe.

### **HIV Epi Summary** – Preliminary, not all final, shows 114 new cases, a 32% decrease from 2021

- Hot spots - 44121, 44102, and 44111

- Region-wide, all counties revealed smaller numbers than Cuyahoga.

### **Syphilis** – 924 new cases, a 22% increase from 2021

- Hot spots – 44102, 44111, 44109, 44105, 44120, and 44108

- Syphilis shows the highest diagnosed individuals

- Limitations, as HIV and Syphilis numbers for 2022 not final

**\*Question: J. Patterson** – Any congenital syphilis cases?

**\*Response: C. Williams** – We started with one and it went up, and we can give a separate update later.

Congenital syphilis is where the mother is affected while pregnant and the child becomes infected and gets treated upon birth. If the mother gets prenatal care and treated for syphilis, she can get early treatment so the child does not get infected. For later treatment, the child may be infected at birth.

### **Prevention Local Program Update – Julie Patterson, Director of AIDS Funding Collaborative (AFC) – CWRU HIV Testing Project**

Students from Case Western Reserve University (CWRU) were present to introduce themselves and tell about the CWRU HIV Testing Project.

**Comment: Students:** We are putting together presentations, information, and graph work on where, when and how there may be gaps in local testing. We are trying to find out how many people are being tested at sites, if they have had follow-up care, and so forth. If you know of a location that we have not contacted, please give Julie the info.

**\*Question: R. Watkins** – As more rapid testing needed, are you speaking on certifying as a tester?

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### **Deairius Houston, Chair**

**\*Response: M. Kolenz** – That is for certain agencies, usually limited only to CTR sites funded through Prevention agencies. It's a long process, many work with med directors on what works in their clinics.

**\*Comment: D. Houston** - If work for an agency that does testing, they can teach how to administer the test, as the training basically teaches how to do a risk assessment and get information.

**\*Comment: M. Kolenz** - Depending on the test technology an agency uses, their manufacturer usually has trained reps that will sit down and teach on how to run tests.

### **Community Health Update – Alexander Nelson, MetroHealth Pharmacist - Apretude**

The first PrEP meds with Truvada, were first introduced in 2012, and are still quite effective in prevention treatment today. In 2019, Descovy, another more widely-known medication taken every day was introduced. Now there Apretude, which is an oral, lead-in tablet taken for a month, starting with the lead in, then three shots administered on the backside. With Apretude, the main thing required is just keeping consistency, as it appears to be easier and better tolerated on patients, and is more effective than oral meds.

**\*Question: D. Houston** – Is the shot intradural?

**\*Response: A. Nelson** - Its' intra-muscular between the hip bone.

**\*Question: D. Houston** - Does anyone receive knotting?

**\*Response: A. Nelson** – That's the most common reaction, but not for all.

**\*Question: D. Houston** -If a reaction, do you continue to inject in that area?

**\*Response: A. Nelson** - With Apretude, they switch sides every month of injection, and if reactions persists to the next injections, they try to avoid that area.

**\*Question: K. Dennis** – One, or two, how long does it last?

**\*Response: A. Nelson** - For prevention, one for two consecutive months, and after second shots, every two months for a shot.

**\*Question: N. O'Neal** - Is there difference on time it takes effect?

**\*Response: A. Nelson** – It should get in blood stream within the first two-three days of injection.

Through the affordable care act Apretude available same as other meds. Been push back from some providers and plans that people having difficulty getting payment coverage. Any under the Aids Care Act should cover this. Viv connect.com is the manufacturer of Apretude.

**\*Comment: J. Patterson** –In research conference they mentioned mpox can be severe for PLWH so people out of care or undiagnosed may cause serious harm to them. Also mpox may be a new defining illness and in testing people should get an HIV test to make sure they get early care.

**\*Comment: R. Watkins** – They now refer to as mpox instead of monkeypox.

**\*Comment: D. Houston** – An illness called shigella is affecting PLWH, just want to inform on this.

**\*Comment: S. Manhoff** – It is an STI on the rise.

**\*Comment: A. Elisha** - It is the drug-resistance part that is on the rise.

### **Review Committee Work Plan**

**Melissa** – Added Epi report, will introduce DIS staff, will also have ODH rep, removed housing presentation no input from office of homeless. Will continue to do local highlights not just local but broadly as needed. If you'd like to present, let us know.

**Deairius** – Would like to connect with them on their programs, make sure we get something from them.

**Melissa** – NEOC is great and would like them to present.

**Brandy** – No new updates on monkey pox, just encourage normal care. We at CCBH transitioning to outreach, awareness as opposed to pop up clinics.

### **Next Steps**

**The next Prevention Committee meeting is Wednesday, June 7, 2023, from 4:00 - 5:30 pm.**

### **Announcements**

**A. Rollins** – There is an open position for a Transgender Coordinator at Metro.

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### **Deairius Houston, Chair**

**N. O'Neal** - On Monday, March 13, 2023 from 11:30a to 1:00p, Women We Think 4 A Change, will acknowledge Women and Girls Day by sponsoring a virtual webinar discussing WLH breastfeeding or not, as women with HIV are now having children and that topic has not been recently addressed. A link will be available to attend.

**C. Taylor** - On the 31<sup>st</sup>, there will be a recurring, monthly men's group to get more testing across, discuss financial literacy opportunities, and to fellowship. Also if know CHW in need of hours, please let me know in terms of getting hours at: [MrCedTay@gmail.com](mailto:MrCedTay@gmail.com).

**D. Harris** - We have HIV prevention coordinator position open, must be an LSW (licensed social worker).

**C. Jackson** (The Centers) – Ohio Harm Reduction has an upcoming event.

### **Adjournment**

Motion: F. Ross

Seconded: B. Gayheart

### **ATTENDANCE**

	<b>PREVENTION MEMBERS</b>	<b>March 1, 2023</b>	<b>NOTES</b>
1	<b>Deairius Houston, Co-chair</b>	<b>X</b>	
2	Julie Patterson	<b>X</b>	
3	Bryan Jones		
4	Tina Marbury	<b>X</b>	
5	Michelle Jackson-Rollins	<b>X</b>	
6	Ahlem Zaaed		
7	Jeannie Citerman-Kraeger	<b>X</b>	
8	Rebecca Strong		
9	Christine Osborne	<b>X</b>	
10	Cederick Taylor	<b>X</b>	
11	Akeem Rollins	<b>X</b>	
12	Rickey Lewis	<b>X</b>	
13	Holly Phillips		
14	Elizabeth Habat		
15	Kate Burnett-Bruckman		
16	Pam Weiland		
17	Karla Ruiz		
18	James Stevenson		
19	Karen Hill		
20	Joye Toombs		
21	Leander Lovett		

**PC: K. Dennis, N. O'Neal, B. Gayheart, D. Harris, F. Ross, R. Watkins**

**Attendees:** , A. Nelson, CWRU student group, K. Rodas, J. Brubaker, C. Taylor, L. Sylvia, C. Jackson, S. Manhoff, T. Greene, M. Imbroane, E. Toader, J. Foster, S. Jones, g. Amankona, M. Jackson-Rollins,

**Staff:** C. Williams, L. White, M. Baker, M. Kolenz D. Gallee, A. Elisha, B. Eaton, T. Mallory