

Cuyahoga Regional HIV Prevention and Care Planning Council

Ashtabula, Cuyahoga, Geauga, Lake, Lorain and Medina Counties

Jason McMinn, Chair



Quality Improvement Committee Minutes

Wednesday, November 16, 2022

3:00 pm to 4:00 pm

Start: 3:02 pm

End: 4:02 pm

Facilitator: J. McMinn

Moment of Reflection

Welcome and Introductions

***Please note:** PC members who have a conflict of interest must inform the committee at the beginning of each meeting. A Conflict of Interest, as it pertains to the Ryan White Planning Council Bylaws, is defined as "an interest (actual or perceived) by a Planning Council member in an action that may result in personal, organizational, or professional gain for the member or his/her spouse, domestic partner, parent, child, or sibling."*

Approval of Agenda: November 16, 2022

Addendum:

Motion: N. O'Neal

Seconded: J. Citerman-Kraeger

Vote: In Favor: All

Opposed: 0

Abstained: 0

Approval of the Minutes: October 19, 2022

Addendum: To correct language in L. Yarbrough-Franklin and L. Lovett's comment on the "Drive Program", to read as the "Thrive Program".

Motion: K. Dennis

Seconded: C. Droster

Vote: In Favor: 8

Opposed: 0

Abstained: 3- N. O'Neal, B. Gripshover, A. Thomas

New Business

Mental Health & Psychosocial Service Category Review – J. McMinn

Our intention is to take a look at what is being offered, allowed by HRSA, and then have a discussion around the framework that people are reporting major isolation, depression, and loneliness issues. The goal is not to tackle severe mental health and diagnosis, but to look at everything offered under RW and see if we can suggest other "out of the box" things to help service providers better help their clients and patients address isolation. In this dive, we cannot go outside these service definitions, but we can work within it in order to make the best possible recommendations for providing different services.

Mental Health Care

J. McMinn - This is the clinical piece and we're looking at reaching people through assessing clients upon visits.

S. Harris – This review shows what's been spent in mental health. When Covid hit in 2020 and things shut down 2020-21, that impacted us more, but our service picked up. Maybe more received services through groups, etc.

J. McMinn – As a reminder, funding is largely full-time, employee-based funds, not service-based. We give money to agencies to hire staff, so we probably won't have more current data until May of 2023. Data also shows we're having a substantial reach for 2023 in mental health. Hopefully, on the mental health side, we can pick up more clinical issues and refer them to professionals who can assist with these things.

Psychosocial Care

J. McMinn - This category has a lot of support groups through Mercy, UH, Metro, Nueva Luz, and Signature. The calendar is rich with support group meetings, not just traditional support, but other good ideas such as youth groups, 50+ people, and knitting for many to get involved.

S. Harris - When Covid hit, it affected things. We had meeting access, just less attendees.

N. O'Neal – One conflict is many groups don't really cater to working people.

D. Harris - Curious to see what 2022 looks like when we get that data since it's been a rough year for a lot of people.

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Z. Levar - The data will be presented at full PC.

S. Harris - in the CLC survey, some indicated they were not familiar with support groups that existed. That may be where a Support Group factsheet or listing of support groups that take place in each county to make available to the community would be helpful.

J. M-Smith - Amy Mansfield, attending online with me, is a master's student here at CWRU who has facilitated a support group. We do lots of groups, and when Covid dropped attendance, we offered virtual groups until weather permitted us to meet outside. Maybe additional funding could provide camp chairs for social distancing, outdoor support groups. We also tried helping people with electronic devices, but with depression issues, isolating indoors may become a pattern in which people don't try to engage outside. With the 50+ group, many have other things going on, so we try to be flexible and allow folks to just show up. We have an open group once a month evening groups, a gratitude night, and we also do a monthly, Taco Tuesday, in concurrence with a young people's clinic. Our monthly Women's group is now more successful, as group work is not just group time, but ongoing. We also have yoga on Thursdays for PLWH at Inward Compass Studio on Cleveland's west side at 10:00 am. Last, we have a link to a calendar page, accessible on a QR code. People can also take a pic of the QR code and sign up to be on our mailing list. For now, we are trying to get the word out, as it takes more than just a flyer, but also reminding, calling, inviting, which pays off.

J. McMinn - We want to get a sense of all who could get on the list, or how can we support you, etc.

J.L. Kasambayi - We have support group on Fridays at 1:00 pm, facilitated by James Stevenson and Frank Lewis and they have been expanded to cover other topics. All are welcome but the focus in MSM of color. Food and transportation is also provided to clients which plays a part in attendance. This is located at Nueva Luz, 6600 Detroit Ave in Cleveland.

J. M-Smith - Agree that food is important, specifically healthy food as we're promoting healthy living, and it's good to consider the possibility of having to pay other staff to assist with this.

T. Brichacek - It may be good to have money for outside events, like baseball games, Magnolia House has this.

K. Ruiz - When individuals go to support groups, are they referred to others that can help?

J. M-Smith - Yes, we look at other needs or things that are spoken of interest and that points to professional facilitation, someone who is equipped to do this.

T. Brichacek - New groups are connected to quality innovations grants, non-virally suppressed patients, trauma issues, sleep problems, and people who identify with seasonal affected disorders

K. Dennis - Are there any groups for veterans?

L. Lovett - Yes, but it's online now.

Z. Levar - As agencies continue to grow in these categories and groups get more robust, more money will need to be available.

J. McMinn - Great discussion. Thanks everyone for your input.

Review Utilization & Spending Trends Data - Tabled

Standing Business

Updates from Statewide Integrated Plan Activities - **J. McMinn**

For now, there are no updates. The draft is still being worked, the formal will be introduced in the near future.

Z. Levar - We are meeting tomorrow to discuss final goals.

K. Ruiz - Yes, we are finalizing tomorrow.

Agree on QI Committee work activity (if any) to be reported at October 2022 Planning Council Committee meeting - We will report on today's mental health and psychosocial directives discussion.

Determine formal CAREWare Data Request (if any) - None

Parking Lot Items

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Review QI Committee Work Plan for Compliance- None

Next Steps – Ongoing

Announcements

K. Rodas – We will provide info on support groups, and an upcoming holiday humor event, from a local comedian, who will be talking about HIV and stigma. This is free to all.

Adjournment

Motion: K. Dennis

Seconded: B. Gripshover

Attendance

	QI Committee	Jan	Feb	Mar	Apr	May	June PSRA	Aug	Sep	Oct	Nov
1	Jason McMinn, Chair	20	20	20	20	20		20	20	20	20
	Vacant Co-chair										
2	Barb Gripshover	20	20	20	20	20		20	20	0	20
3	Leshia Yarbrough-Franklin	20	0	20	20	0		0	20	20	0
4	Billy Gayheart	20	20	20	10	10		10	10	10	10
5	Jeannie Citerman-Kraeger	20	20	20	20	20		20	20	20	20
6	Karla Ruiz	20	20	20	20	20		20	20	20	20
7	David Smith	20	20	20	20	20		20	20	20	20
8	Anthony Thomas				20	20		20	0	0	0
	Total in Attendance	8	7	8	10	8		7	7	6	6

PC Members: K. Dennis, C. Droster, L. Lovett, N. O’Neal, D. Harris

Attendees: M. Brooks, J. L. Kasambayi, T. Moyel, K. Rodas, R. Watkins, T. Brichacek, J. Smith

Staff: M. Baker, L. James, S. Harris, T. Mallory