

How to clean produce using vinegar

Mix 3 parts water to 1 part white vinegar (3:1) in a spray bottle.

Spray on fruits and veggies to get rid of pesticide residue.

Rinse with water after spraying.

-OR-

Fill a large bowl with water and add 1/2 cup of vinegar.

Place your fruits and veggies in the bowl.

Soak for 15 to 20 minutes.

Rinse with water.